

FROM HERE FIND YOUR PATHWAY BACK TO EMPLOYMENT

PLATFORM

For mental health and social change

GUIDING YOU TOWARDS YOUR FULL POTENTIAL

One-to-one support as you find your way back into work, delivered by peer mentors who understand the challenges you're facing.

VOLUNTEERING

Opportunities that help reintroduce you to the workplace or provide relevant experience.

TRAINING

The training you need and support to access it, including covering the costs.

EMPLOYMENT

Support to develop yourself and build on your strengths, moving you towards the career of your choice.

WHO ARE PLATFORM?

We work with people who are experiencing challenges with their mental health, and with communities who want to create a greater sense of connection, ownership and wellbeing in the places that they live.

platform.org



IS THIS FOR ME?

It's for people who have experienced mental health challenges - like anxiety or depression - or who are in recovery from substance or alcohol misuse.

It's available if:

Over 25: You've been unemployed for more than 12 months, or are receiving ESA or Universal Credit.

16 - 24: You're not in education, employment or training.

Not sure? Get in touch with us to check.

Our peer mentors have had similar experiences to you, or understand the kind of barriers and challenges you may be facing.

We'll talk with you about your goals, and work with you on a plan to achieve them. We'll meet you in your community and provide information, advice and guidance in confidence to support you on your way back into work.

TAKE THE NEXT STEP

Talk to us to get started

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